



**THEME:**  
Education

**TITLE OF LEARNING:**  
Wolverhampton Health and Wellbeing Apprenticeships

### KEY RESEARCH QUESTIONS

How can we support our partners to tackle inactivity?



### AN EXAMPLE OF BEST PRACTICE:

ABC worked with partners in Wolverhampton to explore opportunities to best utilise existing investment in the education system, including the use of the Apprenticeship Levy and Primary PE and Sport Premium, to develop a workforce that could be upskilled to improve the health and wellbeing of children and young people.

This led to the implementation of a coordinated Level 3 Apprenticeship Programme, whereby a cohort of apprentices were recruited and deployed across schools (including Primary/Secondary/Special and PRU's) in the city. Managed by a steering group, consisting of a range of partners with varied expertise, the cohort also receive additional training to support their roles within schools.

Their remit largely focussed on increasing physical activity across the school day but also incorporated food and nutritional education as well as improving the links between the school, Parents and local community.

### WHAT WERE THE LESSONS THAT WERE LEARNT AND HOW ARE THEY BEING APPLIED IN THE FUTURE?

This programme has demonstrated that if schools can build capacity to address and tackle physical inactivity without the restraints of teaching workloads impact can be maximised. Working in collaboration with partners to upskill the apprentices enables further added value in addition to the existing programme.

Work is ongoing to scale up this way of working, with steering groups being established to oversee the process, across the other 3 local authority areas in the Black Country.

### HOW WAS SUCCESS MEASURED?

Baseline assessment of activity levels to demonstrate impact within schools  
MTQ assessments to demonstrate impact on individual apprentices  
Monitoring and evaluation framework to capture impact at Local Authority level