

ACTIVE DAYS

SAFE WATERWAYS



Find your **movement**.
Find your **place**.





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Discover Dudley's canals - and feel better for it!

Our **Move Together** campaign aims to inspire people to embrace movement as part of their daily lives.

The canals are great places for people of all ages to unwind, recharge and get active over the school holidays. Spending time by the waterways can greatly improve people's physical and mental wellbeing. From kids' activity trails and wildlife spotting, to walking, cycling, paddle sports, fishing and boating, there's so much you can do with family and friends.

Check out our top tips on canalside activities in this guide - and enjoy water safely this summer.

80% of Black Country people live within a mile of open water. With the right water safety education, accidental drownings are preventable. The Black Country Water Safety Resource Hub for educators, community groups and families provides FREE lesson plans, practical activities and interactive videos to educate children and adults about the risks around open water.

Find out more: www.activeblackcountry.co.uk/water-safety-programme



DUDLEY CANAL & CAVERNS

Offers a fun family day out with underground boat trips, historic tunnels, interactive exhibits, and light shows. Enjoy canalside walks, family-friendly cafés and themed events all combining adventure, education, and natural beauty.



0121 557 6265



info@dctt.org.uk



dudleycanaltrust.org.uk

STOURBRIDGE CANAL WALKING ROUTES

Stourbridge Canal walks offer a peaceful family day out with scenic, flat paths ideal for all ages. Spot wildlife, explore historic features, and enjoy picnics or local cafés—an easy, low-cost way to enjoy nature and heritage together.



0303 040 4040



friends@canalrivertrust.org.uk



canalrivertrust.org.uk



NETHERTON OPEN-WATER SWIMMING

Netherton Open Water Swimming offers a safe, friendly spot for all levels, with lifeguards, wetsuit hire, and modern facilities. Enjoy fitness and fun outdoors, with sessions twice a week in summer and weekly in winter.



01384 566250



nethertonopenwaterswimming@gmail.com



dudleywatersports.co.uk/netherton-open-water-swimming

DUDLEY WATERSKI, WAKEBOARD AND STANDUP PADDLEBOARDING

Dudley Waterski, Wakeboard & SUP Club offers fun watersports for all ages and abilities, with equipment, instructors, and accessible facilities. With day memberships and affordable rates, it's a great family-friendly adventure on the water.



07595 355291



info@dudleywaterski.co.uk



dudleywaterski.co.uk

HIMLEY HALL SAILING CLUB

The club is set on the scenic Great Pool and is a family-friendly RYA centre offering courses and taster sessions for ages 8+. With great facilities and a youth programme, it's ideal for everyone from beginners to budding competitors.



07751 881321



sjbonnar@hotmail.com



hhsc.weebly.com



DUDLEY CANAL CYCLING ROUTES

The Dudley Canal cycle routes, including The Dell and Black Country Water Ride, offer scenic, traffic-free paths perfect for families. With flat terrain, picnic spots, and historic sights, they're ideal for a relaxed summer ride and time outdoors.



01384 815433



road.safety@dudley.gov.uk



dudley.gov.uk

Dudley
Metropolitan Borough Council



KEY WEBSITES & LINKS

Dudley Canal Trust - dudleycanaltrust.org.uk

Discover Dudley - discoverdudley.org.uk

Dudley Water Ski - dudleywaterski.co.uk

Himley Hall Sailing Club - hhsc.weebly.com

Canal & River Trust - canalrivertrust.org.uk

Active Black Country - activeblackcountry.co.uk

Water Safety Programme - activeblackcountry.co.uk/water-safety-programme

